Partners for Change Outcome Management System (PCOMS)-informed Peer Services 170720

Goal: Upon completion of this session, participants will articulate the peer's view of: 1) the current situation and the last week's quality of life; 2) her/his recovery capital including what has worked in the past, even if for a little while, and associated allies; and 3) immediate plans. Under no circumstances should you switch to delivering clinical, non-peer services. Instead, focus on developing your relationship's quality and connecting the peer to her/his available allies and resources including re-connecting with you soon.

Learning objectives: Upon completing this session you will be able to:

- 1. Briefly introduce yourself and explain your peer support role.
- 2. Introduce the Outcome Rating Scale (ORS) and the Relationship Rating Scale (RRS) and describe their relevance to mutually-beneficial peer relationships before administering the ORS and RRS in paper and oral forms.
- 3. Catalogue information about the peer's life into the four domains of the ORS.
- 4. Participate in performance support that stimulates your immediately experienced and cumulative career growth.

Materials: Click on the links to download.

- 1. Outcome Rating Scale (ORS), Relationship Rating Scale (RRS) and Oral PCOMS Scripts
- 2. Self-completed Overview of Recovery Experience (SCORE) Board
- 3. Peer Reception Or Beginning Empowerment (PROBE) form
- 4. <u>Individual Recovery Check-in Peer and form</u>
- 5. Recovery Action and Progress Group Handout, Facilitator Guidelines and Checklist
- 6. Relationship Enhancement Skills: PINK OARSI
- 7. PCOMS Performance Support Guide and spreadsheet
- 8. Recovery Capital Assessment Plan and Scale (ReCAPS)

Notes, reflections, doodles, top three takeaways, etc.:

