## **Criminal History Disclosure Self Efficacy Scale**

From: Callahan, S., Peterson, A., Jason, L. A., Beasley, C & Cavers, M. (2016) Distributed by George S. Braucht; LPC, CPCS & CARES; brauchtworks.com/toolkit

INSTRUCTIONS: If you would like this completed scale returned to you while ensuring these results are anonymous, complete the anonymity code.

	Anonymity Code:	
1) First letter of your mother's first name—		<u> </u>
2) Last letter of your mother's last name———		
3) First digit of your social security number——		J
4) Last digit of your social security number——		

For each of the following statements, circle one number that indicates the degree to which you agree or disagree. If you neither agree nor disagree with a statement, circle "3" (Unsure).

		Strongly Disagree	Mostly Disagree	<u>Unsure</u>	Mostly Agree	Strongly Agree
1	I am certain that I can discuss my criminal history with a potential employer	1	2	3	4	5
2	I feel confident telling someone I work for that I have a criminal history	1	2	3	4	5
3	I am certain that I could disclose my criminal history to a new employer even if they did not ask	1	2	3	4	5
4	I am confident about disclosing my criminal history with coworkers	1	2	3	4	5
5	I am certain that I would lie about my criminal history if asked on an application	5	4	3	2	1
6	I am certain that I would lie about my criminal history if asked during an interview	5	4	3	2	1
7	I am certain that I can disclose my criminal history in an interview even if I am nervous	1	2	3	4	5
8	I am certain that I can disclose my criminal history in an interview if I feel I am overqualified for the job	1	2	3	4	5
9	I am certain that I can disclose my criminal history in an interview if the job pays more money than I am used to making	1	2	3	4	5
		Strongly Disagree	Mostly Disagree	<u>Unsure</u>	Mostly Agree	Strongly Agree

# <u>Demographics</u>

A. Gender: ✓ all that apply	Female □	Male □	Trans
B. Race: ✓ all that apply  African American or Black □ Asian □ Ame  Native Hawaiian/Other Pacific  Other	rican Indian l	□ Alask Caucasia	a Native □ an/White □
C. Are you Hispanic or Latino?		Yes l	□ No □
D. Age		or N	ot sure □
E. Current marital status: ✓ only one			
So	Elementary so Middle so High schome technical//vocational degree 4-yo Master's or proceed a Social World Social World Social work on the yone	chool (gracehool (grade vocations iploma/cear college of essions rk   rk   rk   Coer social s	ades 1-6)  ades 7-9)  also stood  also school  also degree  al degree  ald degree  bootorate  bunseling  science
Criminal/juvenile justice ☐ Human services (counseling, etc	.) ☐ Other:	Months	Years
I. Current job title:		Months	Years
J. I am in recovery from alcohol or other drug use	.Yes □ No	□ Don'	t know 🗆
K. I am in recovery from a mental health condition	.Yes □ No	□ Don'	t know □
L. I am in recovery from a physical health condition	.Yes □ No	□ Don'	t know 🗆
M. I have been convicted of one or more: ✓ all that apply	Misdeme	anor 🗆 🗎	Felony □

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Callahan, S., Peterson, A., Jason, L. A., Beasley, C & Cavers, M. (2016, Chapter 3). Criminal History Disclosure Self Efficacy Scale development. *Substance abuse and aftercare*. Nova Science.

Record the number you circled for each item in the corresponding space below. Then, sum each column of numbers at the bottom of each column.

#1:		
#2:		#7:
#3:	#5:	#8:
#4:	#6:	#9:
Total =	Total =	Total =
Divide by 4 =	Divide by 2 =	Divide by 3 =
Personal Disclosure: Ability to disclose criminal history to specific individuals in employment settings	Disclosure Fear: Tendency to avoid disclosing one's criminal history in employment settings	Situational Disclosure: Ability to disclose criminal history in specific situations

#### **Interpreting Your Results**

- 1. The highest average score(s) suggests your current comfort or discomfort level with disclosing your criminal history.
- 2. Lower scores on each subscale are associated with decreases in the likelihood of employment.
- 3. Taken together, the three factors assess an individual's readiness for employment searching while identifying areas of needed skill development for entering the workforce.

#### **Personal Development Goal:**

High scores on all three scales suggests an ability to explain the nature of your criminal history along with the strengths and the lessons learned that enhance your ability to be a good employee and perform an assigned job.

