Appreciative PCOMS Performance Support Guide 161234

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- I. Three Research-based Key Performance Indicators
 - A. Valid initial Outcome Rating Scale (ORS); Duncan, 2014
 - **⇒** 35+: Invalid initial score why coming to see you?
 - > 35+ is rarely a valid initial score, even mandated don't score this high
 - ➤ Craving or Recurring Experiences (CORE): identify the primary reason(s) for seeking service/support and where the CORE is reflected by mark(s) on the ORS subscale(s); subsequently discuss [or rate (0-10)] during every interaction
 - ➤ Role play introducing the ORS during performance support, discussing overall and subscale scores when they don't match the peer/client's description of her/his recent lived experience
 - **○** ORS average, 500,000+ administrations: 18-20
 - \bullet Goal: Less than $1/3^{rd}$ over the Clinical Cutoff (25, 28, 32)
 - ➤ If 30% or more of initial ORS over the Cutoff
 - 1. Peer/client or service provider doesn't understand the ORS
 - 2. Role play introducing the ORS during performance support
 - B. Reliable change index (RCI*)
 - **♦** 6+ point increase from the initial ORS
 - Saw-tooth graphs : ORS is used as an emotional thermometer to reflect current feelings instead of past week's experiences
 - Role play during performance support connecting the peer/client's reason(s) for service to the marks on one or more of the ORS subscales
 - C. Clinically significant change index (CSCI*)
 - 6+ point increase and cross the Clinical Cutoff
 - *Jacobson, N. S., Roberts, L. J., Berns, S. B., & McGlinchey, B. (1999). Methods for defining and determining clinical significance of treatment effects: Description, application, and alternatives. *Journal of Consulting and Clinical Psychology*, 67, 300-307.
 - *Jacobson, N. S., & Truax, P. (1991). Clinical significance: A statistical approach to defining meaningful change in psychotherapy research. *Journal of Consulting and Clinical Psychology*, 59, 12-19.
- II. Four Step Appreciative PCOMS Performance Support for currently experienced and cumulative career growth
 - A. **Start** by looking at all graphs or lists of peer/client ORS scores. **Job One:** ensure valid use of the measures & data integrity (see I.A.)



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- B. **Spend** the most time on **at-risk peers/clients**: shape discussion and brainstorms options; look for over-utilization
- C. **Review** stats on the three key performance indicators (II. below); discuss ways to improve; Engage in **reflection then action**
- D. Mentor for skill building, peer/client teachings & ongoing reflections
- III. An Appreciative PCOMS Performance Support Conversation Regarding Atrisk Peers/Clients
 - A. What does the peer/client say?
 - B. Is the peer/client engaged? What do the ORSs/SRSs/RRSs/GSRSs suggest?
 - C. What have you done differently?
 - D. What can be done differently now?
 - E. What other resources can be rallied?
 - F. Is it time for a planned transfer/collateral referral discussion?
- IV. Appreciative PCOMS Performance Supports
 - A. Self-assessment, reflection and journaling that informs your professional development plan: PCOMS Report; Appreciative Inquiry (AI) questions to identify challenges and successes
 - ✓ What's working well (right with you)?
 - ✓ What could be better (improvement opportunities)?
 - ✓ What keeps you hopeful (celebrate successes)?
 - B. Peer support: who is doing what that produces better results per the key performance indicators; discuss AI questions
 - C. Individual and group performance support: face-to-face, emeetings
 - D. Quality improvement site visits and rapid-cycle process/outcome improvement projects



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V. Additional tools

- A. brauchtworks.com/toolkit
 - Services and Performance Support Tracking Spreadsheet
 - ✓ PCOMS Performance Support Report
- B. Better Outcomes Now (BON): betteroutcomesnow.com
 - ✓ The web-based application of the PCOMS with 15 features that make this outcome measurement tool superior, Use on any smart device
 - √ 100s of videos, webinars and papers on implementing PCOMS
 - ✓ Meet accreditation standards, maintain HIPAA compliance and improve quality of care: decrease no-shows and dropouts while increasing retention
 - ✓ Available in 27 languages for adults, children and young children!
 - ✓ Peer and professional service provider versions!
 - ✓ PCOMS data are recognized by administrators and payers as reliable, valid and feasible metrics of provider and agency performance, and importantly, the service recipients' quantitative view of service effectiveness.
 - ✓ BON enables unlimited data analyses and reporting in single page views for service recipients, providers, administrators, and funders.
 - ✓ The cost of BON is all up front no hidden costs or behind the scenes
 haggling to get the best price. Annual subscriptions are based on the
 number of providers or users.
 - 1. Student and/or research subscriptions are designed specifically for graduate programs or for those conducting research = \$99 per service provider
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 - a. \$179 per user for 50 or less providers
 - b. \$159 per user for 51 to 100 providers
 - c. \$129 per user for 101 to 150 providers
 - d. \$109 per user for 151 to 250 providers
 - e. \$99 per user for 251 and above
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