Brief Opioid Overdose Knowledge (BOOK) Questionnaire

Don't Run, Call 911: See georgiaoverdoseprevention.org
for more information about the State of Georgia's 911 Medical Amnesty Law

Name: _____ Date: _____

Instructions: For each of the following items, please ✓ whether you believe the answer is TRUE or FALSE. If you are not certain, ✓ "DON'T KNOW".

	TRUE	FALSE	DON'T KNOW
1. Long-acting opioids are used to treat chronic "round the clock" pain	❐	❐	❐
2. Methadone is a long-acting opioid	❐	❐	❐
3. Restlessness, muscle and bone pain, and insomnia are symptoms of opioid withdrawal	❐	❐	❐
4. Heroin, OxyContin, and fentanyl are all examples of Opioids	❐	❐	❐
5. Trouble breathing is NOT related to opioid overdose.	❐	❐	❐
6. Clammy and cool skin is NOT a sign of an opioid overdose.	❐	❐	❐
7. All overdoses are fatal (deadly).	❐	❐	❐
8. Using a short-acting opioid and a long-acting opioid at the same time does NOT increase your risk of an opioid overdose	❐	❐	❐
9. If you see a person overdosing on opioids, you can begin rescue breathing until a health worker arrives	❐	❐	❐
10. A sternal rub helps you evaluate whether someone is unconscious	❐	❐	❐
11. Once you confirm an individual is breathing, you can place him/her into the recovery position	❐	❐	❐
12. Narcan (naloxone) will reverse the effect of an opioid overdose	❐	❐	❐
	TRUE	FALSE	DON'T KNOW

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Scoring Instructions

A. Opioid Knowledge Subscale

Items 1, 2, 3, 4: Number of TRUE =   A. _____ divide by 4* = _____%

B. Opioid Overdose Knowledge Subscale

Items 5, 6, 7, 8: Number of FALSE =   B. _____ divide by 4* = _____%

C. Opioid Overdose Response Subscale

Items 9, 10, 11, 12: Number of TRUE =   C. _____ divide by 4* = _____%

D. BOOK Total Score = A + B + C =   _____ divide by 12** = _____%

*4/4 = **100%**, wow, you're good!   3/4 = **75%**   2/4 = **50%**   1/4 = **25%**

12/12 =100%,** wow, you're ready! 11/12 = **92%**   10/12 = **83%**   9/12 = **75%**;
8/12 = **67%**   7/12 = **58%**   6/12 = **50%**